

COLLAFIX

Collagen hydrolysate with Vitamin C

Read this leaflet carefully before you start taking this product because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This product has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist.

What is in this leaflet:

1. What **Collafix** is and what it is used for
2. What you need to know before you take **Collafix**.
3. How to take **Collafix**.
4. Possible side effects
5. How to store **Collafix**.
6. Contents of the pack and other information.

1. What **Collafix** is and what it is used for

Collagen Hydrolysate is a mix of proteins naturally found in the connective tissue of most animals. This product helps maintain proper levels of collagen in the body. It increases joint mobility, improves elasticity and skin's moisture, it contributes to minimizing wrinkles and expression lines, and strengthens hair and nails. Vitamin C's addition stimulates collagen production in the body, which increases this product's benefits. Collagen is a source of eight essential amino acids and is the main component of cartilage, ligaments and tendons. It is also the main protein in the composition of bones and teeth. Vitamin C (ascorbic acid) is necessary in our body for the production of collagen, in the bones, cartilages, muscles and blood vessels.

2. What you need to know before you take **Collafix**

Do not take **Collafix**.

If you are allergic to any contents of **Collafix**

Pregnancy and breastfeeding

Collafix may be used during pregnancy and breastfeeding.

Driving and using machines

This product is not likely to affect you being able to drive or use any tools or machines.

3. How to take **Collafix**.

2-3 Capsules per day.

They are to be swallowed whole with sufficient liquid (a glass of water).

Collafix is absorbed through the intestine during digestion. Then passes into the bloodstream in the form of large chains of proteins and amino acids. From there, **Collafix** accumulates in highly stressed joints.

Joints act like shock absorbers and cannot function properly if cartilage is wearing away. The collagen hydrolysate your body absorbs from **Collafix** stimulate the regeneration of cartilage, which leads to stronger joints over time.

If you forget to take **Collafix**.

If you miss a dose, take it when you remember unless it is almost time for your next dose, in which case take the next dose as usual.

Do not take a double dose to make up for a forgotten dose.

If you have any further questions about the use of this medicine, ask your doctor or pharmacist.

4. Possible side effects:

Collagen is considered to be safe with no major adverse effects.

5. How to store **Collafix**.

Keep this product out of the sight and reach of children.

Do not use this product after the expiry date which is stated on the box.

The expiry date refers to the last day of that month.

Store below 25°C. Store in the original packaging in order to protect from moisture.

6. Contents of the pack and other information

What **Collafix** contains.

The active substances are: Collagen Hydrolysate 500mg, Vitamin C (as Ascorbic Acid) 60mg.

The other ingredients are: Hard white Capsule (98% gelatin, 2% titanium dioxide), Magnesium salts of fatty acids (magnesium stearate), Silicon dioxide.

PACKING:

60 Capsules (in four blisters pack) and internal leaflet in a carton box.



Marketing Authorization Holder:
BioActiveT Sp. z o.o.
ul. Marii Rodziewiczówny 1/811, 04-187 Warsaw, Poland