



Active ingredient	One capsule contains	% NRV
Vitamin C (L-ascorbic acid)	80mg	100%
Vitamin D3 (cholecalciferol)	10mcg (400IU)	200%
Vitamin B6 (pyridoxine hydrochloride)	1.4mg	100%
Folate (from Quatrefolic®, (6S)-5-Methyltetrahydrofolic acid, glucosamine salt)	400mcg	200%
Vitamin B12 (cyanocobalamin)	8mcg	320%
Iron (from Lipofer®, ferric pyrophosphate)	30mg	214%

NRV – Nutrient Reference Values

Ingredients: L-ascorbic acid, cholecalciferol, pyridoxine hydrochloride, folate (from Quatrefolic®, (6S)-5-Methyltetrahydrofolic acid, glucosamine salt), cyanocobalamin, iron (from Lipofer®, ferric pyrophosphate), bulking agent: microcrystalline cellulose, anti-caking agent: magnesium stearate, shell: gelatine bovine.

BioGentle Iron advanced is a unique dietary supplement with Lipofer® (microencapsulated source of iron), which is designed to provide high iron bioavailability and stability, while minimizing side effects to the body. Quatrefolic®, 4th generation folic acid, is the most bioavailable and stable form of folic acid, and acts directly and independently of enzymes, without being metabolized in the body.

Iron is a necessary component of hemoglobin, the oxygen carrier in the blood, and promotes energy utilization. Iron also supports normal red blood cell production.

Vitamin C supports iron absorption.

Vitamin D is essential for maintaining healthy bones and muscles, helps the body to absorb calcium and phosphorous, boosts the immune system, vitamin D may also support erythropoiesis.

Folic acid contributes to normal red blood cell formation.

Vitamin B6 and **B12** support the nervous system, help in the formation of red blood cells, and boost energy.

- Reduces metallic taste
- Controls interactions with other components
- Water dispersible
- No digestive tract irritation



Directions:

Adults: Take one capsule per day, or as directed by a physician.

WARNING:

If you are pregnant, nursing, taking any medications, or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Store at room temperature. Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. In case of accidental overdose, call a doctor or Poison Control Center immediately.

Storage:

Store in a cool, dry place at a temperature below 25°C. Keep out of reach of children.

Packaging:

60 capsules (4 blisters of 15 capsules) with an enclosed leaflet in a carton box.



Marketing Authorization Holder:
BioActiveT Sp. z o.o.
ul. Marii Rodziewiczówny 1/811, 04-187 Warszawa, Poland